

A. FOX Physical Therapy, P.C.

Innovative Therapies...Caring Treatment

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Consent and Release for IMS/TDN Needling Procedure

With many of our patients, we commonly use a technique referred to as Intramuscular Stimulation or "IMS". This technique dependent upon your provider's training may also be referred to as Trigger Point Dry Needling, or TDN. This technique may or may not apply to your medical/dental condition, but can be very helpful in curing many types of sub-acute and chronic pain.

This technique involves inserting a tiny acupuncture needle into hypersensitive muscles in order to heal them and reduce pain. We have helped many patients on a permanent basis with this technique. This IS NOT traditional Chinese acupuncture, but instead a medical treatment that relies on a medical diagnosis to be effective. You may feel sore for a few minutes, a few hours or a couple days, this is a normal response.

This form is a consent form and general release of medical liability for this procedure. By signing this form, you are agreeing not to hold your provider liable for any complications that may arise from the usual application of this procedure. While complications are very rare, they can occur.

They include:

- Puncture and deflation of a lung requiring hospitalization
- Injury to a nerve causing permanent weakness or numbness
- Injury to a blood vessel causing excessive bleeding
- Increased pain or other symptoms

****Please let your practitioner know if you have/had HIV, hepatitis, are on anti-coagulants or may be pregnant.****

Prior to performing this any procedure you will "Verbally Consented". This means that you will be asked if you want to proceed. If you state "Yes", you will not be asked to sign another consent and release form, but instead this form will be kept on file and used for that purpose.

Signature: _____

Date: _____